

# Dave and Bea Silverstein Gymnasium Schedule: July

Open Gym = Light Blue Squares

Basketballs are available at the Fitness Desk with a \$20 Deposit and Photo ID

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	North	South	North	South	North	South	North	South	North	South	North	South	North	South
5:30 AM														
6:00 AM														
6:30 AM														
7:00 AM														
7:30 AM														
8:00 AM														
8:30 AM														
9:00 AM					Jungle Gym (9:30am - 12:00pm)									
9:30 AM														
10:00 AM														
10:30 AM		Childcare (10:30-11:30am)		Childcare (10:30-11:30am)										
11:00 AM														
11:30 AM														
12:00 PM		Suzuki (12:15-1:00)		Suzuki (12:15-1:00)										
12:30 PM														
1:00 PM	Adventure Camp and Mini-Me (12:30-3:30pm)		Adventure Camp and Mini-Me (12:30-3:30pm)		Adventure Camp and Mini-Me (12:30-3:30pm)		Adventure Camp and Mini-Me (12:30-3:30pm)		Adventure Camp and Mini-Me (12:30-3:30pm)					
1:30 PM														
2:00 PM														
2:30 PM														
3:00 PM														
3:30 PM														
4:00 PM														
4:30 PM	Adventure Camp 6pm) (3:30-		Adventure Camp 6pm) (3:30-		Adventure Camp 6pm) (3:30-		Adventure Camp 6pm) (3:30-		Adventure Camp 6pm) (3:30-					
5:00 PM														
5:30 PM														
6:00 PM			Drop-In Basketball (Ages 13+) (6-7pm)				Drop-In Basketball (Ages 13+) (6-7pm)							
6:30 PM														
7:00 PM														
7:30 PM	Drop-In Volleyball (7-9pm)		Drop-In Basketball <b>(18+ only)</b> (7:00-9:45pm)	Drop-In Basketball (13+) (7:00-9:45pm)	Volleyball League (6-10pm)		Drop-In Basketball <b>(18+ only)</b> (7:00-9:45pm)	Drop-In Basketball (13+) (7:00-9:45pm)		Drop-In Basketball (13+) (6:00-9:30pm)				
8:00 PM														
8:30 PM														
9:00 PM														
9:30 PM														

**PLEASE NOTE DROP-IN BASKETBALL AGE REQUIREMENTS**

Drop-In Basketball  
(9am-4pm)  
(One half-court reserved for  
ages 18+)

Jungle Gym  
(9:30-11:30am)  
(Set-up begins at 9am)

Open Gym Time  
(12-2pm)

Birthday Parties  
(2-3pm)

Drop-In Volleyball (18+)  
(3:30-5:30pm)  
(Set-Up Begins at 3pm)

Teen Drop-In Basketball  
(Ages 13-17)  
(4:30-6pm)

Family  
Basketball  
(5:45-6:45)

Family  
Basketball  
(5:45-6:45)

Schedule available online at [www.mnjcc.org](http://www.mnjcc.org)  
Unforeseen changes to this schedule will be  
posted with 48 hours notice. *For a list of dates  
and times of gym closures/special events  
please see flip side .*